



## Live Your Strengths

Welcome to the December 2009 edition of *Live Your Strengths*, the monthly e-newsletter from In Search of Excellence.

### **In This Edition:**

- Start 2010 With A Focus On Success!
- Give the Gift of Focus
- Season's Greetings

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### **Start 2010 With A Focus On Success!**

You asked... we listened!

You want to focus on planning your achievements for 2010 in a way that is totally convenient and efficient. No traffic, no weather hassles, and the least amount of time away from your work. Well here it is: Our ***Success 2010 Teleclass Series!***

You can enjoy a mug of hot chocolate in the comfort of your home or office while intelligently focusing on your future achievements! For your convenience we will meet over the phone (no fancy technological tools necessary!), allowing us to concentrate on your goals for 2010 and how to most effectively achieve them.

With a maximum of 10 participants, there will be room for learning, celebration and participation!

#### ***Class #1&2: Goal Setting***

- Master effective goal setting
- Document important goals and the relevant measures of success
- Define expected results when goals are kept alive and relevant

#### ***Class #3&4: Personal Productivity***

- Distinguish between essential and time-critical tasks
- Tips for avoiding procrastination
- Deal with interruptions productively

Dates for 2010 Classes:

Class 1: Monday January 25th

Class 2: Monday February 8th

Class 3: Monday February 22nd

Class 4: Monday March 8th

All Classes will take place from 12:00pm to 1:30pm EST. Toll-free number to be supplied upon registration.

Your investment for the series (including all materials, toll-free access to the teleclass, and hot

cocoa) is just \$199 per person!

There will be a maximum of 10 participants per class - please register early to avoid disappointment!

For more information or to register, contact Denise at 519-923-9968 or [denise@insearchofexcellence.ca](mailto:denise@insearchofexcellence.ca) by January 11, 2010.

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### **Give the Gift of Focus**

Do you have someone on your list who is working on some big goals – either personally or professionally?

Why not support that special person with a contribution to their success by giving them a gift certificate for individual coaching or membership in a teleclass?

It's the perfect way to let that person know that you believe in their success and want to support them on their journey.

There is still time to purchase gift certificates – to ensure you receive the gift by Christmas, please order by December 22. For more information, contact Denise at 519-923-9968 or [denise@insearchofexcellence.ca](mailto:denise@insearchofexcellence.ca)

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### **Season's Greetings from In Search of Excellence**

As the holiday season is quickly approaching, please accept my best wishes to you and your family for a safe and happy holiday. All the best to you for a healthy and prosperous 2010!

Cheers,  
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"Creating the Path to Your Potential"

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Subscription Information

Do you know someone who would be interested in receiving the \*Live Your Strengths\* newsletter? Please feel free to pass it on to those in your network.

Privacy Policy: I never rent, trade or sell my email list to anyone for any reason whatsoever.

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